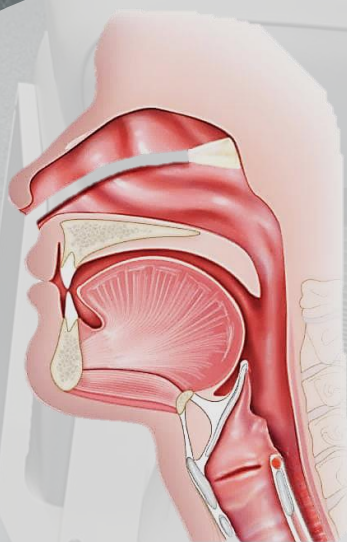


# SCOPE

- Most examinations will require either a **flexible or rigid endoscopy** to assess the nasal cavity and throat. - This is a camera-based procedure. David will numb your throat and nose with Local Anaesthetic spray. The procedure may feel a bit uncomfortable but is not harmful, shouldn't hurt and there are no needles involved.
- This is a very safe procedure for both children and adults. The endoscope is a narrow, flexible telescope with a bright light. The Image is transmitted through lots of very fine glass fibers to a camera. David will look down the camera and on a display screen to view the images of your throat, nose and potentially your ear.



**Am I awake during the procedure?**  
Yes.

**Can I drive after the appointment?**  
Yes.

**How long does it take?**  
Estimated 1- 3 minutes.

**Will I need any medication?**  
The endoscope should slide easily past tight areas. A local anaesthetic and/or decongestant spray is used 5 – 10 minutes before the procedure.

**Will I feel the telescope?**  
You will usually feel the endoscope sliding in. You may feel it at some points of the procedure even if anaesthetic spray is used.

**Will I be able to see what is happening?**  
David has a screen where he can see the video / photos during the procedure, you can watch if you would like to.

**Can I eat and drink before the procedure?**  
Yes.

**Can I eat and drink after the procedure?**  
If David has used Local Anaesthetic spray, we recommend avoiding food and hot or cold drinks for 20 minutes and up to an hour (or until your nose and throat feel normal again). By waiting until the anaesthetic wears off, you will not burn your throat or choke whilst numb.

